

# *Dealing with the noisest of neighbours*

As part of Noise Action Week, which runs from Monday to a week today, Mary-Anne Bowring, the creator of [www.leaseholder-support.co.uk](http://www.leaseholder-support.co.uk) has a few tips on how to deal with noisy neighbours.

She said: "The first step in dealing with noise is negotiation. Talk to the person causing the noise. You should explain how the noise is affecting you. Try to reach a compromise."

If that doesn't work, try talking to the letting agent who can warn them that making the noise could be breaking their tenancy agreement and lead to eviction.

Keep a record of the noise — how long it lasts, the time it occurs, how loud it is, who else can hear it, if you told your neighbour about it and the effect it has on you.

Contact the council who has the power to deal with noise problems.